

# JCA Condover Hall

14<sup>th</sup> – 17<sup>th</sup> June

PARENT/CARER  
BOOKLET



## **Sunday 14<sup>th</sup> June – Travelling to Condover Hall**

Children will need to be dropped off at **9:45**. We will not be leaving until 10:30, so we will be operating a drop and go system.

The children will need the following in a **small rucksack**:

- packed lunch – **NO** lunch box (completely disposable packaging please)
- water bottle (as detailed on the Kit List)
- waterproof coat
- a small non-electronic activity for the coach journey if they wish

Children to travel in comfortable travelling clothes- not school PE kit.



### **Medication**

If required, please ensure children have taken travel sickness medication prior to arriving at school on the day of departure.

For the inward journey, please provide travel sickness tablet in a named envelope alongside a completed medical form with clear instructions.

**Any other medication should also be clearly named with dosage and instructions written on the form and given to a staff member in advance of our departure.**

## Sample Itinerary

<b>MONDAY</b>				
<b>MORNING</b>	<b>MORNING</b>	<b>AFTERNOON</b>	<b>AFTERNOON</b>	<b>EVENING</b>
Travel to centre		Intro tour		Giant Cluedo
<b>TUESDAY</b>				
<b>MORNING</b>	<b>MORNING</b>	<b>AFTERNOON</b>	<b>AFTERNOON</b>	<b>EVENING</b>
Buggy building	Orienteering	Body Zorbing	Archery	Egg Protector
<b>WEDNESDAY</b>				
<b>MORNING</b>	<b>MORNING</b>	<b>AFTERNOON</b>	<b>AFTERNOON</b>	<b>EVENING</b>
Abseiling	Tunnelling	Kayaking / Raft Building		Run Around Quiz
<b>THURSDAY</b>				
<b>MORNING</b>	<b>MORNING</b>	<b>AFTERNOON</b>	<b>AFTERNOON</b>	<b>EVENING</b>
Survival Games	Aerial Trek	Fencing	Sensory Trail	Disco
<b>FRIDAY</b>				
<b>MORNING</b>	<b>MORNING</b>	<b>AFTERNOON</b>	<b>AFTERNOON</b>	<b>EVENING</b>
Team Challenge / Presentation		Travel back to School		

### Wednesday 17<sup>th</sup> June Travelling home from Condover Hall

We will be aiming to leave Condover Hall around 12pm and we should arrive back at school around 4pm (traffic permitting).





## Suggested Kit List!

The following is a suggested kit list from Condover Hall.

**Please ensure that everything is clearly labelled with your child's name.**

CLOTHES	Number of items	Packed at home	Packed at centre
Nightwear			
Underwear			
Pairs of socks (including plenty of spares)			
Trousers (It is important that the students do not wear jeans whilst doing the activities for safety and comfort reasons)			
Shorts			
T-Shirts			
Long sleeved top for archery			
Jumper/sweatshirt/fleece			
Waterproof jacket/anorak			
Waterproof trousers or trousers that can get muddy			
Disco clothes			
Towels			
Swimwear			
Trainers or other substantial footwear, plus extra to get wet/dirty			

TOILETRIES	Number of items	Packed at home	Packed at centre
Toothbrush			
Toothpaste			
Sponge/face cloth			
Soap/Shower gel			
Hair products i.e. shampoo/conditioner			
Hair ties (for long hair)			
Sun cream			

**Please ensure all children have a named water bottle.**

### **NOT ALLOWED**

- Mobile Phone
- Electronic games
- Snacks
- Cameras
- Jewellery

*Suggested: earplugs for night time.*

**Note: the children do not need to bring bedding with them on this trip.**

There is not a lot of storage space, so please **do not send large suitcases**. A sports bag should be adequate. Remember, the children need to be able to carry their own bag.

## **CODE OF CONDUCT**

- You are a representative of St Ann's Heath Junior School.
- Show good manners to everyone we meet and to all other members of our party.
- Be on your very best behaviour at all times.
- Follow the Centre rules and regulations.
- Follow the directions of the JCA instructors quickly.
- Always consider your own safety and that of other people.
- Stay with your group and your leader. Do not go with other children or staff from other schools who are onsite.
- Do not use any activity areas and equipment unless you are supervised.
- Look after your own property. Do not leave things lying around.
- If a child is unable to follow the simple rules and expectations of the trip, it may be that parents will need to be contacted to pick up their child from JCA Condoover Hall.

## **DORM ROOM EXPECTATIONS**

- Be respectful of your room mates and be considerate when changing.
- Make sure you are using the bathroom sensibly and be considerate of others. For example, one person in the bathroom cubicles at a time, make sure you flush the toilet and keep your things tidy.
- Keep your room clean and tidy.
- Do not disturb others if you wake early. We all need enough sleep to do the following day's activities – even staff!
- Keep noise to a minimum at all times. Stay in your room until the time agreed with Staff.
- If you wake up needing an adult, knock on the staff members door and they will come and help you. Their names will be on the door so you will know where the adults are.
- You must only go into your dorm room, you should not go into any other dorm rooms.
- If any behaviour in your dorm room is making you feel uncomfortable please come and find an adult.

**This needs to be signed by the pupil and a parent/carer and handed back to school.**

## **Additional Information**

### **Food**

The food is excellent and plentiful – a hot breakfast, a substantial lunch and a two-course evening meal each day!

### **Pocket Money**

Children are allowed to bring pocket money to spend at the shop, but **no more than £10.00**. Please make sure that it is in coins and is contained in a named purse/wallet/envelope of some description.

**The children will hand in their money on the morning of departure.**

### **Discipline**

In order for the trip to be enjoyable, we expect a high standard of behaviour from all members of the party, at all times. The children will be expected to behave in a respectful manner. Children will be reminded that they are representing St Ann's Heath so should uphold the school rules and values at all times. If any child does not comply with this expectation, sanctions will be in place, which if not adhered to, may lead to the parents being contacted and the child being collected.

### **Emergency Contact**

Should you have any queries, please contact the school office during the school day (Tel: 01344 842900).

### **Address**

#### **FOR EMERGENCIES ONLY**

JCA Condover Hall  
Church St,  
Condover,  
Shrewsbury  
SY5 7AU  
TEL: 01273 647200

### **Staff**

Mrs King  
Mr Aldridge  
Mrs Marchant  
Mrs Fuller  
Mr Drake  
Miss Cleaver