

JCA Condover Hall

14th – 17th June 2026



Staff on the trip

- Mr Aldridge
- Mrs Marchant
- Mrs Fuller
- Mrs King
- Mr Drake
- Miss Cleaver

The JCA values

We believe that learning outside the classroom is essential to a well-rounded education.

Our courses focus on engaging students, providing enjoyable learning, and helping to develop life skills, such as:

Learning to work together as a team

Trying new and exciting activities

Increasing self-esteem and confidence

Achieving personal and team goals

Conquering fears

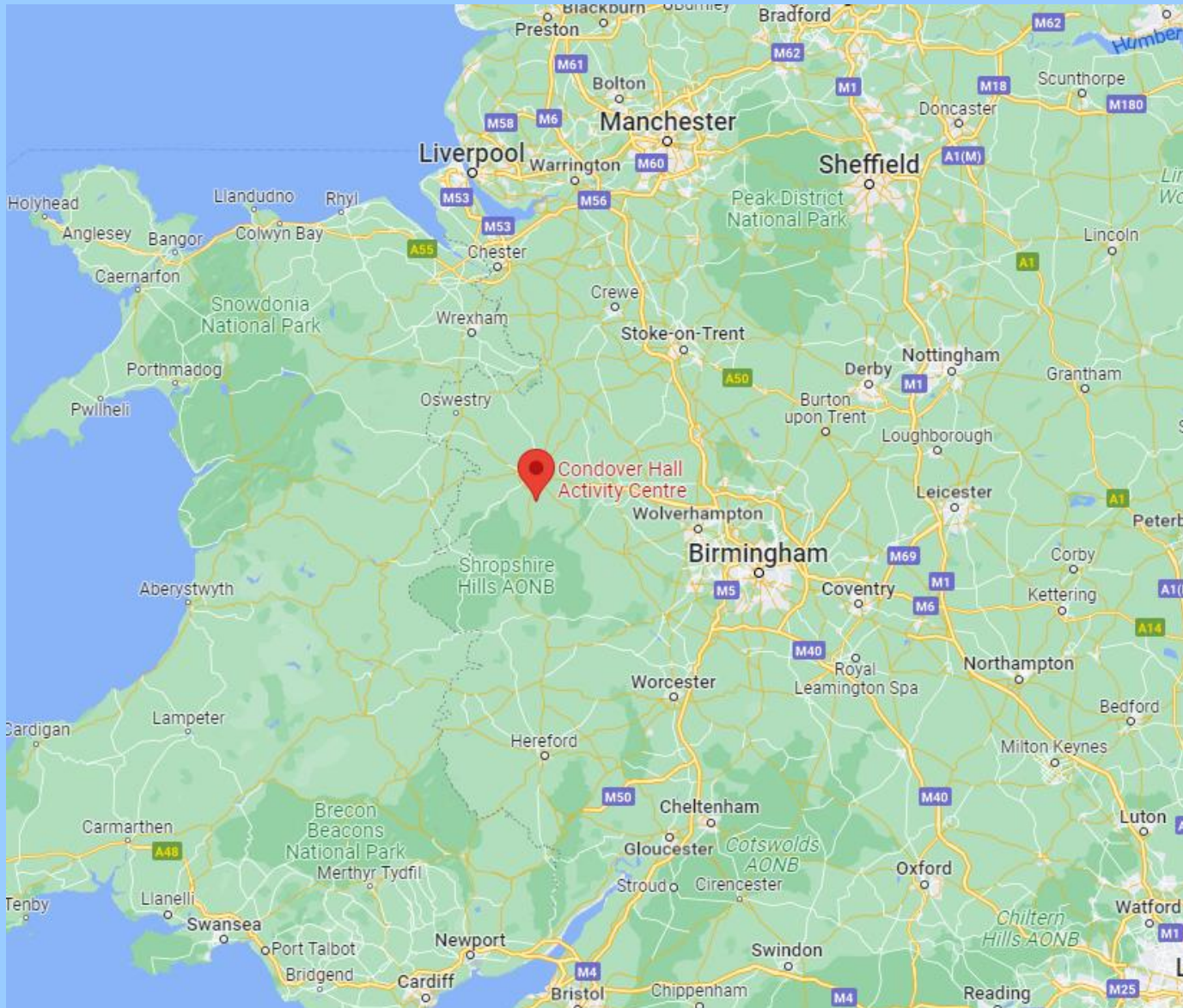
Revealing undiscovered strengths

Solving problems and taking responsibility

Experiencing living away from home

Respecting and valuing each others abilities

Where is Condover Hall?



Condover Hall



Travelling to Condover Hall

Sunday 14th June

Children will need to be dropped off at school at **9:45**. We will not be leaving until around 10:30, so we will be operating a drop and go system.

The children will need the following in a **small rucksack**:

- Packed lunch – **NO** lunch box (completely disposable packaging please)
- Re-useable water bottle (as detailed on the Kit List)
- Waterproof coat
- A small non-electronic activity for the coach journey if they wish
- Their pocket money in a named wallet/ envelope.

Children near to wear comfortable travelling clothes. They do not need to wear their school PE kit.

Medication

All medication should be handed into a member of staff (Mrs King) on the morning of the trip. It needs to be clearly named with dosage and instructions written on the yellow medication form.

Travel sickness:

If required, please ensure children have taken their travel sickness medication prior to arriving at school on the day of departure. For the inward journey, please provide travel sickness tablet in a named envelope alongside a completed medical form.

We will be taking Calpol and Piriton with us that we can administer if you have agreed on the consent form.

Kit list

CLOTHES	Number of items	Packed at home	Packed at centre
Nightwear			
Underwear			
Pairs of socks (including plenty of spares)			
Trousers (It is important that the students do not wear jeans whilst doing the activities for safety and comfort reasons)			
Shorts			
T-Shirts			
Long sleeved top for archery			
Jumper/sweatshirt/fleece			
Waterproof jacket/anorak			
Waterproof trousers or trousers that can get muddy			
Disco clothes			
Towels			
Swimwear			
Trainers or other substantial footwear, plus extra to get wet/dirty			

TOILETRIES	Number of items	Packed at home	Packed at centre
Toothbrush			
Toothpaste			
Sponge/face cloth			
Soap/Shower gel			
Hair products i.e. shampoo/conditioner			
Hair ties (for long hair)			
Sun cream			

OTHER

Sunglasses

Book/magazine to read

Water bottle

Gloves/hat/cap

Children need two pairs of trainers. One older pair that will get wet (and possibly muddy).

Please only provide roll-on deodorant – no aerosols should be brought.

NOT ALLOWED

Mobile Phone

Electronic games

Snacks

Cameras

Jewellery

Make-up

Kit list

WHAT TO WEAR FOR OUTDOOR ACTIVITIES

For all off ground roped activities, knees and shoulders must be covered. T-shirts should be worn over shorts or trousers (no crop tops) to prevent harnesses from contacting bare skin.

AERIAL TREK, CLIMBING WALL, ZIP WIRE, ABSEILING, TRAPEZE, GLADIATOR WALL & MULTIVINES	KAYAKING, CANOEING, RAFT BUILDING* <i>*included only if you have paid the watersports supplement</i>
<ul style="list-style-type: none">• Trousers - no shorter than knee length• Tops that cover your shoulders• Closed toe shoes• No jeans• No crop tops• Long hair tied back	<ul style="list-style-type: none">• Closed toe shoes - no flip flops, or sandals and a separate pair to what you will be playing netball in• Clothes you are happy to get wet• Do not wear just a swimming costume – also wear shorts and a t-shirt
ARCHERY	
<ul style="list-style-type: none">• Long sleeved top• Closed toe shoes	

THEMED ROOMS



Cinema Room



Dance studio



Grid of stones



Laser maze



Tunnelling room



Games room

DAY ACTIVITIES

- Abseiling
- Aerial Trek
- Archery
- Buggy Building
- Canoeing
- Climbing
- Dance Mania
- Fencing
- Grid of Stones
- High Ropes
- Initiative Exercises
- Laser Conquest
- Low Ropes
- Orienteering
- Raft Building
- Sensory Trail
- Sit-on-top Kayaking
- Tunnelling
- Wet and Wacky
- Zip Wire

EVENING ACTIVITIES

- Busted
- Campfire
- Film Night
- Disco (Loud and Silent)
- Giant Cluedo
- Laser Conquest
- League Toppers
- Nocturnal Safari
- Run Around Quiz

Sample itinerary

SUNDAY				
Morning	Morning	Afternoon	Afternoon	Evening
Travel to JCA Condover Hall		Intro tour	Conquest	Giant Cluedo
MONDAY				
Morning	Morning	Afternoon	Afternoon	Evening
Buggy Building	Orienteering	Body Zorbing	Archery	Egg Protector
TUESDAY				
Morning	Morning	Afternoon	Afternoon	Evening
Abseiling	Tunnelling	Kayaking	Raft Building	Disco
WEDNESDAY				
Morning	Morning	Afternoon	Afternoon	Evening
Survival Games		Travel home from JCA Condover Hall		

Unique to JCA, one dedicated and multi-skilled instructor spends the week with each group, building confidence, trust and support.

Expert water sports and specialist activity instructors are also supporting groups subject to final itinerary



Meal times



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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BREAKFAST

			Freshly baked pain au chocolate	Sweet Beligim waffles and syrup		Hot sweet porridge	
HOT BREAKFAST ITEMS	Hash Browns, Free range scrambled eggs, beans	Bacon, Free range scrambled eggs, beans	Sauteed Mushrooms, Free range scrambled eggs, beans	Grilled Bacon, Free range scrambled eggs, beans	Grilled Pork Sausage, Free range scrambled eggs, beans	Free range scrambled eggs, beans	Grilled Bacon, Free range scrambled eggs, beans

Fresh Toast & Preserves, Assorted Cereals with chilled semi skimmed milk, A Selection of Seasonal Fresh Fruit OR Fruit and Yoghurts

LUNCH

MAIN ONE	Chicken drumsticks marinated and cooked in a sticky honey sauce	JACKET POTATO BAR with your choice of freshly prepared fillings: BBQ Chicken Tuna Mayonnaise Baked Beans Mature Cheddar Roasted Veg in tomato and basil sauce (v) Vegan	PASTA BAR with your choice of freshly prepared sauces: Beef Bolognaise Roast tomato sauce (v) Vegan Carbanora	CONDOVER HOG ROAST Slow roast Pork shoulder with Sage and Onion Stuffing and Apple Sauce in a Floured Bap	HOT DOGS with a selection of toppings	JACKET POTATO BAR with your choice of freshly prepared fillings: Tuna mayo, Chickpea curry, beef chilli, baked beans, bbq jackfruit, Vegan bolognaise, grated mature cheddar cheese	Glazed Gammon with New Potatoes, seasonal veg, Yorkshire Puddings and Gravy
MAIN TWO		Sausage roll with croquet potatoes and beans	Roasted on the bone Piri-Piri chicken thigh	Crispy chicken nuggets	Battered cod bites		
VEGETARIAN MAIN	Mixed Bean Chilli		Piri Piri cauliflower Steak	BBQ pulled Jackfruit	tempura Battered Courgette and peppers	Nachos with zingy salsa, guacamole and sour cream	Roasted Butternut squash with New Potatoes, seasonal veg, Yorkshire Puddings and vegetarian Gravy
SIDES	Potato Wedges, Jewelled Rice, sweetcorn		New potatoes and corn on the cob	French fries Steamed Carrots and Green beans	French fries and steamed veg		

Freshly Made Seasonal Salad Bar | A Selection of Seasonal Fresh Fruit for Dessert

DINNER

Chefs soup of the day & Freshly Made Seasonal Salad Bar

MAIN ONE	Chicken Tikka Masala	6oz Burger with the option of cheese, sliced red onion and sliced gherkins	Maynard's of Shropshire (A Rick Stein Food Hero) Sausage with Onion Gravy, Mash potato & Yorkshire Pudding	Souvlaki Chicken with Flatbread and Tzatziki	Chinese Chicken Curry with Rice or Chips	BBQ Pulled pork served in a roll	Beef Lasagne with garlic bread
MAIN TWO	Italian Style Beef Bolognaise, with Penne Pasta	Sweet and Sour Chicken with Egg Noodles and Spring Onion	Fish Fingers and Mash	Three Cheese and Tomato Pizza (V)	Battered Fish and Chips with Garden Peas	Macaroni Cheese	Breaded Scampi
VEGETARIAN MAIN	Penne Pasta with Sun Blushed Tomato, Roasted Red Peppers and Mediterranean Herbs Vegan	Vegan quarter pounder Burger	Vegan sausages	Beetroot and Chickpea Falafel with Flatbread	Vegetable Curry with Rice or Chips (V) Vegan	Cheese and Tomato Pizza (v) (Vegan Option Available)	Vegetarian Pasta Bake (v) (Vegan Option Available)
SIDES	Garlic Bread & Steamed Rice	Fries	Garden Peas	Mini Corn on the Cob, Potato Wedges	Steamed Rice, Chips and Garden Peas	Potato Wedges & Medley of Steamed Vegetables	Beefeater Chips
DESSERT	Chocolate & Oreo Sponge Cake with Cream	Jam Doughnuts and Yum Yums	Chocolate Ice Cream Pot with Raspberry Sauce	Mango and toasted coconut cheesecake	Homemade eaton mess	Vanilla sponge topped with salted caramel	Butterscotch Angel delight

Accommodation

- There are options of multi bedded dorms (4-12 beds) for students, with most offering ensuite facilities.
- Boys and girls will be in separate rooms.
- Staff rooms will be on the same floor as the children.
- Beds can be creaky – bring ear plugs!



DORM ROOM EXPECTATIONS

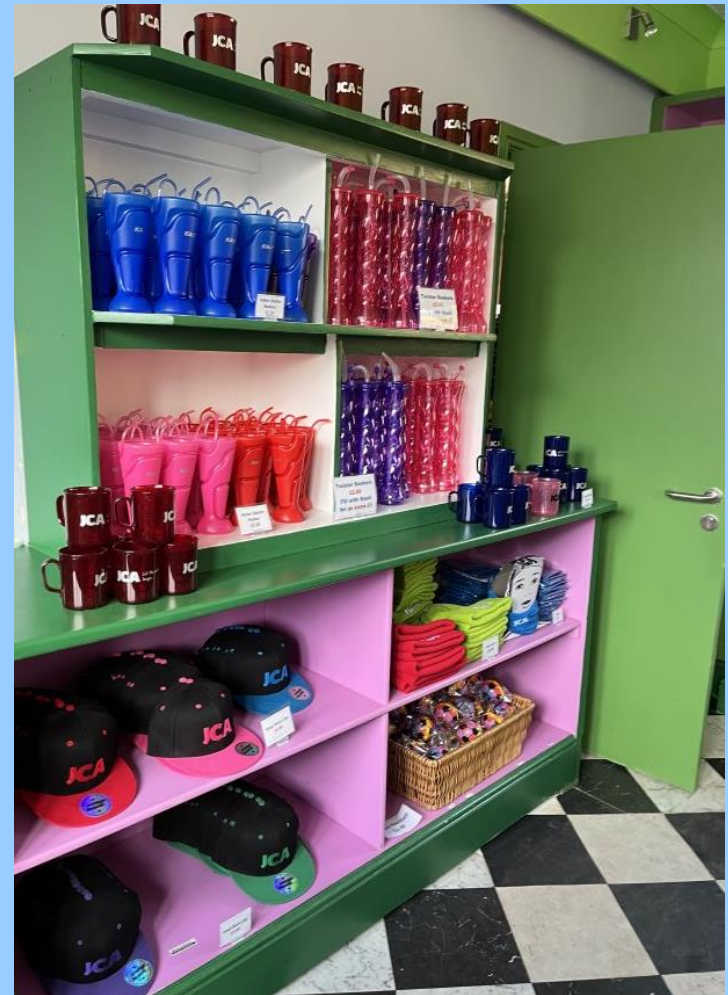
- Be **respectful** of your room mates and be **considerate** when changing.
- Make sure you are using the bathroom **sensibly** and be considerate of others. For example, one person in the bathroom cubicles at a time, make sure you flush the toilet and keep your things tidy.
- Keep your room **clean and tidy**.
- **Do not disturb others** if you wake early. We all need enough sleep to do the following day's activities – even staff!
- **Keep noise to a minimum** at all times. Stay in your room until the time agreed with staff.
- If you wake up needing an adult, knock on the staff member's door and they will come and help you. **Staff names will be on their door** so you will know where the adults are.
- **You must only go into your dorm room**, you should not go into any other dorm rooms or knock on their doors.
- **If any behaviour in your dorm room is making you feel uncomfortable please come and find an adult.**

Gift shop

There are two small gift shops on site which we will have the opportunity to visit once on the trip.

If children would like to bring pocket money, we ask it to be no more than £10. Bring this in a named wallet/ envelope in your day bag so it can be handed to your group leader.

Sweets/ Chocolate available to buy BUT they cannot be eaten until the children arrive home.



CODE OF CONDUCT

- You are a **representative of St Ann's Heath Junior School**.
- Show **good manners** to everyone we meet and to all other members of our party.
- Be on your very **best behaviour** at all times.
- **Follow the Centre rules and regulations.**
- **Follow the directions** of the JCA instructors quickly.
- Always consider your own **safety** and that of other people.
- Stay with your group and your leader. Do not go with other children or staff from other schools who are onsite.
- Do not use any activity areas and equipment unless you are supervised.
- **Look after your own property.** Do not leave things lying around.

- **If a child is unable to follow the simple rules and expectations of the trip, it may be that parents will need to be contacted to pick up their child from JCA Condover Hall.**

Please make sure you read through and sign the dorm room expectations and also the code of conduct for the trip.

Bring a positive approach and determination to make the most of every new opportunity and experience.

We hope to have a wonderful and memorable trip!