

Health and Wellbeing

At the end of last year we achieved our 'Surrey Healthy Schools Award'. We are continually working to ensure the activities and events we run in school actively promote positive health and wellbeing. Here's what we've been up to this half term!



Feeling Good Week

During last week, the children took part in feeling good week. This included an assembly led by our Year 6 Safeguarding Leaders as well as activities in class. Year 3 and 4 focused on their achievements whilst Year 5 and 6 looked ahead towards future goals.

Black History Month

During October each year, we celebrate Black History Month, with this year's theme being 'Saluting our Sisters'. This week, the children have all been learning about influential black women in the fields of music, sport, entertainment, and politics. They have also had the opportunity to listen to a variety of music from black singers, musicians and composers. Look out for some of the work they have produced in the next newsletter!



**Year 6
Safeguarding
Leaders**

Celebrating Neurodiversity

WITH
ADHD
FOUNDATION
Mental Health, Education and Training Services

As October is ADHD Awareness Month, during assembly, the whole school learnt about neurodiversity with a focus on ADHD. They explored what ADHD (Attention Deficit Hyperactivity Disorder) means and how it can affect people. They were particularly interested in the famous people with ADHD and the amazing things they have done!